

STAFF ASSEMBLY COMMENTS:

Question #6- What was the most valuable thing that you learned in the Life Synergy workshop?

Try and see/look at things in a positive light. In doing so, it could lead to less judgement, less disrespect, less teasing and taunting etc. If the majority of people/students looked /saw things in a more positive way, the community /school would become a more positive place/safer place

The cyber-bullying and suicide information

As a parent, don't be afraid to take a stand as a parent

Awareness of digital footprint

So much great info that was spot on & told in a way that didn't sugar coat.

The clarification between bullying and conflict

Good for girls - Drama

How much kids are dealing with aside from schoolwork

How phones & social media causes so much of a distraction in all our lives

Strategies for unifying students

Statistics to qualify claims

The responses of the students when they put their hands up for specific questions

I have seen this numerous times. But I am always reminded of the value of human contact, empathy, talking. These issues need to be addressed, not ignored.

How great it is for students

Made me more aware of the issues/ bullying occurring in our school

Information about the law

Texts, social media, etc. is something you can never take back

The method of choices and consequences

Receiving a sexting photo you can be charged

It made me reflect on the impact of bullies in my own life

Students here love energy drinks & important for them to see statistics

That students are out there helping others not just listening and learning but 'doing'!

How many students don't feel adults (especially parents) listen to them

Some of the laws were clarified around social media sexting

Statistics, technology, facts

Touching on real issues (suicide) that are difficult for us to discuss without proper training

Talking about bullying and suicide and letting the students know they are not alone

Bullies between Grade 6 – 9, 60% more likely to have criminal records by age 24!!

I really appreciated the desensitizing parts

That most students want a safer, more welcoming school but do not realize that they are the ones that can make that happen.

Reinforced the message of making choices

Cell phone dangers/awareness/consequences

Reinforcing positive mental health - not new to me but supports our work

The long term mental effects of being bullied

Research supporting issues that teens face today

Emphasizing student responsibility for decisions & having the power to change

Details regarding cybercrime

All of it had value! The confirmation that everything we do affects not just ourselves!

Do not become desensitized to Bully! It is happening everyday!

Everything was excellent! Loved the stats.

Make sure I am approachable for my students

The % of bullies that end up committing a crime

Power of phones (info retrieved by nickname) - students are still so naive when it comes to the dangers of media.

Criminal Code --->not just jokes

It's good to be made aware of the various charges under the criminal code (students need to be aware of this!)

Real life incidents to associate with topics

A reminder to always consider another's "story"

The fact that being 'negative' comes easy to too many people (scary)

To remind students that the internet is forever and there is a very real danger to phone addiction

The permanence of phone messages /videos etc.

How important it is to talk to students about these issues

The graph on highs/lows of drug use

We need to encourage more students to step up against bullies & accept everyone

How sexting is becoming a problem

How real is was

I think the suicide awareness was good

How long that text messages can be tracked

The film was most important for the students to see the change

Bullying part was valuable. Students will learn one day that this should not happen and if it does they can fight through it with help and become a much happier person.

The video in coming together and respecting each other, despite differences

I loved Dwayne's message. My favorite part was helping kids to deal with the feelings that scare them, and that they are not alone.

I appreciated the honesty & frankness of the conversation with the kids

Imbalance of power for bullying

The value of presenting choices

That parents need to let kids deal with issues & sometimes just listen

Potential hazards of posting personal info on line

Re-enforcing parenting tips. EG: consequences / no BFFs- only good friends (a lesson I've taught my daughter)

To keep your eyes on what is important

Words can hurt

Energy drink information