

STUDENT SMALL GROUP:

Question #5 - What was the most valuable thing that you learned in the small group session?

Some people hide what they truly feel so we have to be careful about things we say to others

That I have a really big impact on the class

That my class can be mature

That I have people who can and will support me

To show respect towards others because you don't know what they have gone through

That everyone has issues and you should never judge

To spend as much time with people you love

We need to realize the power of words

I need love myself more!

Giving just one compliment can change someone's mood

The choices are mine and if I want change to happen, I need to change as well

That if everyone changed and was accepted our school would be amazing

I learned more about my classmates and gained a newfound respect for them

That it's important to tell people your issues because then you're not carrying all the weight on your shoulders

That communication is extremely important

That we all pretty much want the same thing

The teachers are there for support

Trust is important

How to express myself

That people went through the same as me

That everyone is kind of going through the same thing

Everyone has an issue that others may not know about

A simple thumb-switch act can make a huge difference

Everyone has difficulties I had no idea about

That everyone has a story we don't know about.
That every choice you make can affect someone
No matter what everyone has a story
That everyone can change
How eye opening it was
That I don't really know the people that are around me
The choices are mine and I get to decided
That we're all the same
People aren't always what you think they are
That others should be treated equally and we should not judge
The most valuable thing I learned is that I need to love others more
I learned that we should not judge people because we have no clue of what they're going through
The students and teachers have a lot in common
That most of us have something in common
That I'm not the only one going through rough times
We communicated
That we are all family and should treat each other with kindness
Everyone has their own personal struggles, only they know
That everyone is unique and you should give a crap
Everyone has a story behind their smile
There's a lot more going on in someone's life than you think
Don't judge a person by the 10% you see
It was very relieving and opened up my eyes and heart
Everything we discussed I learned from and was so important to me
Everyone struggles
My voice will be heard
That not everyone is as hard as they look. Everyone has a vulnerable side & that's okay
That people you aren't even close with, care

I'm not alone and people are here to help
To accept people for who they are without judging
To talk to your parents about problems
That it's ok to show emotions
I learned that I am not the only one who wants equality
That everyone is honestly a nice person
That we shouldn't have division because we all deserve respect
That we all go through similar things
That it's okay to share our talk about your challenges
Don't give up
I need to compliment people more because it makes them and myself feel good
That I can tell my parents and my friends what I want to say
That the feeling of change is mutual.
Respect is highly needed
Everyone has a story and you shouldn't judge them before or after
We all have common ground on something
Not to be scared of who my family wants me to be
That sometimes you need to change