

## Life's Challenges in Secondary School - Part 1

(3 hours) – Grades 8-12

(2.5 hours) – Parent ONLY session

In this most requested session Dwayne will talk about issues that are effecting many students on a daily basis including:

- Body image, eating disorders, bullying, cyber-bullying, suicide, bullycide, the digital world and their digital footprint, texting, sexting, the power of words, cliques, isolation, showing respect for others, and the impact of media including the impact of violent video games on youth, self-harm, rumours, gossip and drama are key components to this presentation.
- The long term health consequences of bullying are also addressed to allow student to see that this is not just a school or teenage issue that goes away at graduation.
- The use of the Surviving High School video, which is a compelling, searing video, dares teens to examine vital issues and motivates them to make positive changes.
- Through the use of PowerPoint and video the audience will be able to see the complex world that teens face everyday.

“I used to tease people all the time. You say it to get chuckles on the surface. But you have to think about it in your heart, about what it does. I had to think truthfully because I picked on so many people: Did I say anything to him? Did I do anything that affected his life?” – *A teen's reflection after the suicide of a fellow student, in the Surviving High School video.*

“I am not sure how he did it but he kept over 600 students focused and glued to their seats for 3.0 hours hanging on every word he said. The students, after the assembly, indicated they had no idea that it was lunch time already”. – *A staff members comment to Dwayne following an assembly.*

A component of this presentation also includes charges under the Criminal Code of Canada that are applicable to those who chose to bully or cyber-bully others in various ways.

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